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## **Arc Hosts New Support Group for Relative Caregivers of Children with Fetal Alcohol Spectrum Disorder**

ST. PAUL – If you have a child with Fetal Alcohol Spectrum Disorder (FASD) or you are a relative who is acting as a stand-in parent, Arc Greater Twin Cities invites you to the FASD Relative Caregivers Support Group. This new group meets on the first Tuesday of each month from 10:00 – 11:30 a.m. at Arc Greater Twin Cities, 2446 University Ave. W., Suite 110, St. Paul.

The group is an opportunity for participants to support one another, share successful parenting techniques, discuss the challenges and hopes of raising a child with FASD, and become better educated about the disorder.

Upcoming meeting dates for 2009 are June 2, July 7, August 4, September 1, October 6 November 3 and December 1. There is no charge to attend.

The FASD Relative Caregivers Support Group is sponsored by Arc Greater Twin Cities and the Fetal Alcohol Spectrum Disorders Regional Network. For registration or more information, contact Arc's Janet Salo at (952) 920-0855.

Arc Greater Twin Cities is a nonprofit agency serving the many needs of people with intellectual and developmental disabilities and their families. Established in 1946, Arc has been changing attitudes, changing policies and changing lives for more than 60 years. Arc helps individuals and families address issues that span the lifetime, including early intervention, education, transition to adulthood, health care, housing, employment, guardianship and more. For more information and volunteer opportunities, call Arc at (952) 920-0855 or visit [www.arcgreatertwincities.org](http://www.arcgreatertwincities.org).

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