



## **One Date, One Location, Two Workshops – Arc Offers Simultaneous Presentations on Guardianship Mar. 18**

ST. PAUL – Many families of adults with intellectual and developmental disabilities wonder whether their loved one should have a guardian to help them make decisions. Arc Greater Twin Cities will offer basic information about guardianship at two simultaneous workshops – one specifically for adults with disabilities and the other for their family members. Both will be held on Thursday, Mar. 18, from 6:30 – 8:00 p.m. at the Apple Valley Community Center, 14603 Hayes Road, Apple Valley.

**Guardianship for Self-Advocates** helps adults with disabilities understand what it means to have a guardian and what their rights are under guardianship. This lively session will offer lots of give-and-take, and participants are encouraged to bring their own questions about guardianship. Self-advocates who have guardians will share their experiences. This presentation will be held in the community center's Multi-purpose Room 2.

**Preparing for Guardianship** is an introductory workshop for parents, adult siblings and caregivers of adults with disabilities. Participants will learn about formal and informal decision-making options, including guardianship and conservatorship. This presentation will be held in the community center's Multi-purpose Room 1.

The series will continue with a third workshop, **The Legal Process of Guardianship**, on Thursday, Mar. 25, from 6:30 – 8:00 p.m. in Multipurpose Room 1 of the Apple Valley Community Center. At this workshop, an attorney who practices in guardianship and conservatorship will outline the legal processes and procedures for obtaining, changing or ending a guardianship order. It is not necessary to attend **Preparing for Guardianship** before taking this workshop.

All three workshops are free thanks to a grant from Dakota County. Participants should register in advance by calling Arc at (952) 920-0855.

Arc Greater Twin Cities is a nonprofit agency serving the many needs of people with intellectual and developmental disabilities and their families. Established in 1946, Arc has been changing attitudes, changing policies and changing lives for more than 60 years. Arc helps individuals and families address issues that span the lifetime, including early intervention, education, transition to adulthood, health care, housing, employment, guardianship and more. For more information and volunteer opportunities, call Arc at (952) 920-0855 or visit [www.arcgreatertwincities.org](http://www.arcgreatertwincities.org).

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