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April 9 Caregiver Forum Explores Aging of People with Developmental Disabilities and Behavior Issues

ST. PAUL – Caregivers of adults with developmental disabilities can get valuable information about two common challenges at a forum hosted by SAGES. The forum will be on Friday, April 9, from 12:30 – 3:30 p.m. at Christ the King Church, Fellowship Hall, 8600 Fremont Ave. S., Bloomington.

The Aging Person with Developmental Disabilities will explore a variety of factors that can affect people with disabilities as they age, such as illnesses and medical conditions, sensory changes and general medical health. It will be presented by Donna Kuller, RN, of the Metro Crisis Coordination Program.

Understanding and Addressing Challenging Behaviors will help caregivers respond appropriately to challenging behavior. Guest speaker Kelly Ruiz, MA, also from Metro Crisis, will discuss intervention styles, proactive and reactive strategies, and methods for maintaining safety.

The registration deadline is Monday, April 5. There will be a charge of \$15 per person at the door. To register, contact Susan Flaagan at Dakota Communities at (612) 860-0854 or SusanF@dakcom.org.

SAGES is a collaboration of community organizations offering education for parents and caregivers of people with disabilities. The organizations of SAGES are Arc Greater Twin Cities, Dakota Communities, Fraser, The Learning Exchange, Opportunity Partners and ProAct.

Arc Greater Twin Cities is a nonprofit agency serving the many needs of people with intellectual and developmental disabilities and their families. Established in 1946, Arc has been changing attitudes, changing policies and changing lives for more than 60 years. Arc helps individuals and families address issues that span the lifetime, including early intervention, education, transition to adulthood, health care, housing, employment, guardianship and more. For more information and volunteer opportunities, call Arc at (952) 920-0855 or visit www.arcgreatertwincities.org.

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